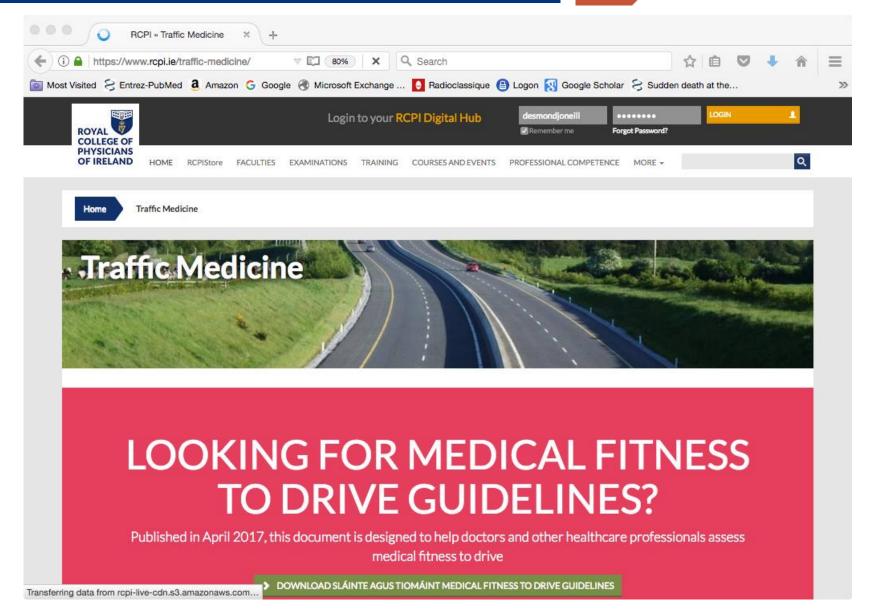
# Medical fitness and vocational driving: a shared responsibility

Prof Desmond O'Neill

National Office for Traffic Medicine, RCPI/RSA









### Sláinte agus Tiomáint

Medical Fitness to Drive Guidelines (Group 1 and 2 Drivers) October 2018

An tÚdarás Um Shábháilteacht Ar Bhóithre Road Safety Authority

www.rcpi.

### Traffic Medicine



Communications

www.rcpi.ie/trafficmedicine

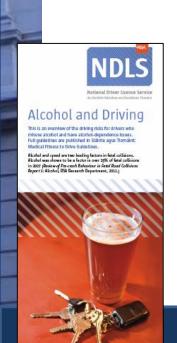
# Shared responsibilities



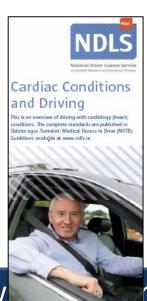


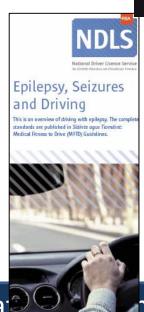


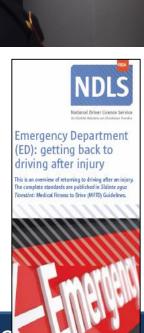
# Raising driver awareness about medical conditions and driving



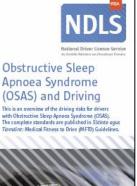












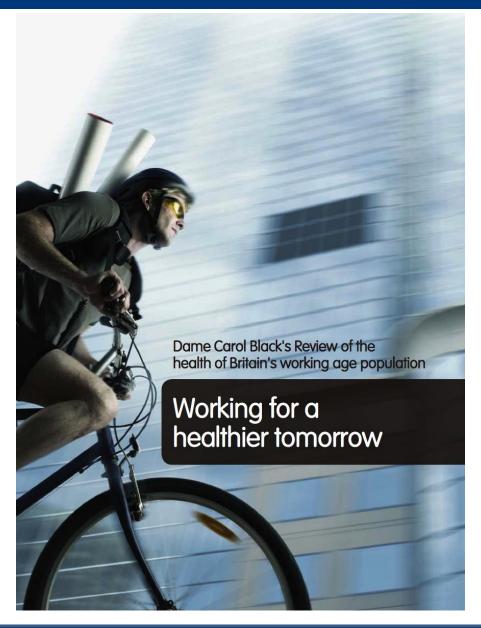
## Shared responsibilities

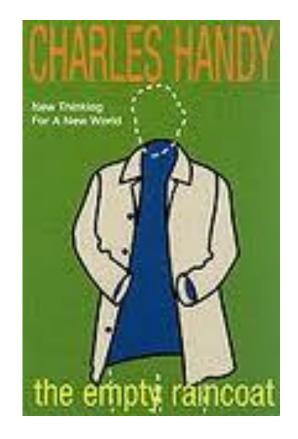




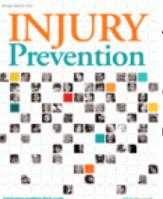








Systematic review



A systematic review of epidemiological studies investigating risk factors for work-related road traffic crashes and injuries

G Robb, S Sultana, S Ameratunga, R Jackson

Accident Analysis and Prevention 39 (2007) 1006-1014



www.elsevier.com/locate/aap

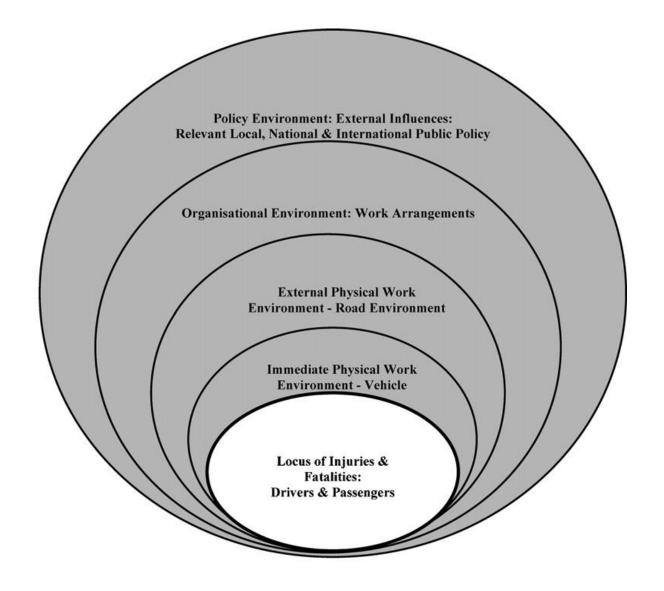
Working in light vehicles—A review and conceptual model for occupational health and safety ☆

Rwth Stuckey <sup>a, \, \,</sup>, Anthony D. LaMontagne <sup>b, 1</sup>, Malcolm Sim <sup>c, 2</sup>

### Occupational vehicle accidents

- leading cause of work related traumatic injury and death
- One-third US, one-half UK drive as part of work
- Injury burden greater than HGV accidents

- User descriptors
  - Education\*
- Occupational factors
  - Long periods, fatigue,
- Vehicle
  - Less if self-owned
- Organizational
  - Employment type, 'Fleet-Driver' effect



Do management practices support or constrain safe driving behaviour? A multi-level investigation in a sample of occupational drivers

Sharon Newnam<sup>a,\*</sup>, Amanda Warmerdam<sup>a</sup>, Dianne Sheppard<sup>a</sup>, Mark Griffin<sup>b</sup>, Mark Stevenson<sup>c</sup>

Accident Analysis and Prevention 102 (2017) 101-109

- Under conditions of high investment in job and work design, communication and selection practices, drivers reported poorer driving behaviour.
- Under conditions of high investment in remuneration, drivers reported safer behaviour, but only when they perceived that managers valued and prioritised safety.

<sup>&</sup>lt;sup>a</sup> Monash University Accident Research Centre, Monash University, Australia

<sup>&</sup>lt;sup>b</sup> Centre for Safety, The University of Western Australia Business School, Australia

<sup>&</sup>lt;sup>c</sup> Urban Transport and Public Health, University of Melbourne, Australia



High performance workplace systems' influence on safety attitudes and occupational driver behaviour

Warmerdam *et al*, Safety Science 106 (2018) 146–153

..the results suggest that individual drivers' safety attitudes had a positive effect on safety behaviour in the work-related driver context, yet their organisation's HPWS has a negative impact on this type of safety behaviour.

## Approaches

- Behaviour modification ++++
  - Incentive schemes
  - Group-based discussions
  - Goal-setting and feedback programmes

Driving (re)training ????

S. Newnam, B. Watson/Safety Science 49 (2011) 369-381



# Key Medical Issues

Alcohol and substance misuse

Fatigue/sleep disorders

### Alcohol and Driving

This is an overview of the driving risks for drivers who misuse alcohol and have alcohol-dependence issues. Full guidelines are published in Sláinte agus Tiomáint: Medical Fitness to Drive (MFTD) Guidelines.

Alcohol and speed are two leading factors in fatal collisions.

Alcohol was shown to be a factor in over 15% of fatal collisions

in 2007 (*Review of Pre-crash Behaviour in Fatal Report 1:* Alcohol, RSA Research Department, 2

Cessation to abstinence/control

Ireland UK

3 months 6 months

6 months 12 months

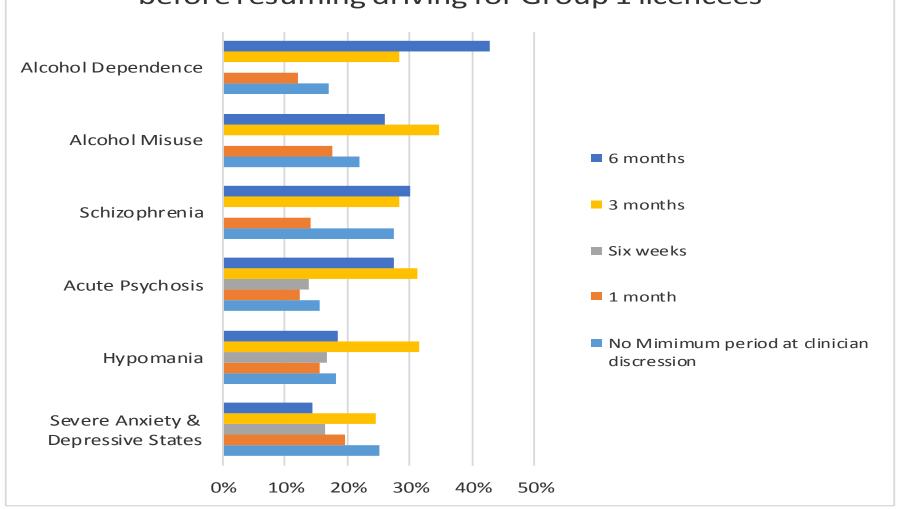
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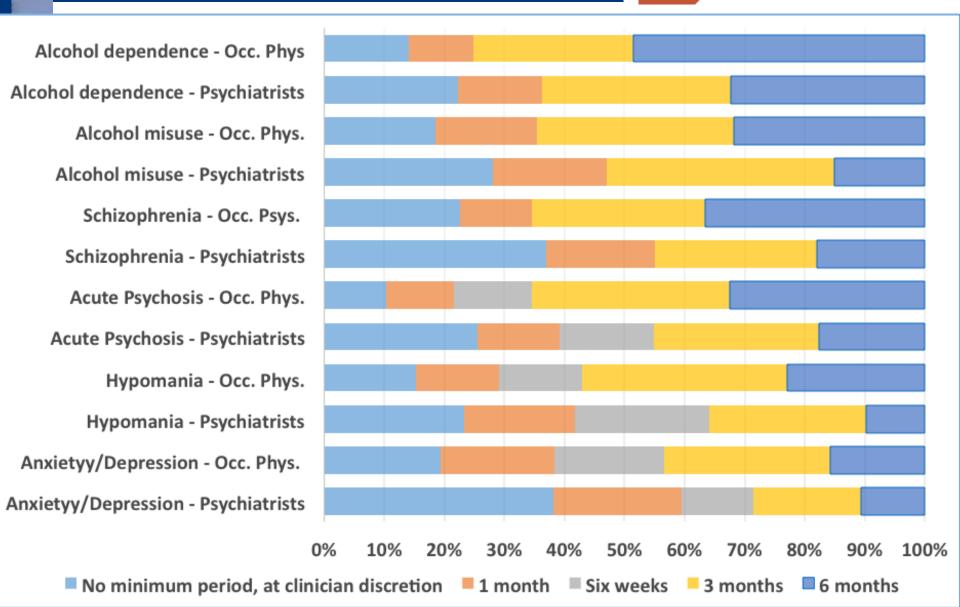
• Misuse

Dependence

www.rcpi.ie/trafficmedicine









# Raising vocational driver awareness about medical conditions and driving



